

# Anti-Bullying Week 2023



This year the theme is ‘Make a noise about bullying’, which aims to empower children to counter the harm and hurt that bullying causes.

# Odd Sock Day celebrates our differences

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# What have we been doing this week?



Some children recorded themselves discussing the question “what is bullying?”  
(this isn’t the real QR code!)

Some children decorated odd socks to help us remember we are all different but we respect and accept each other



# What have we been doing this week?



## Is it Bullying?



When someone says or does something unintentionally hurtful and they do it once.

**That's RUDE**



When someone says or does something intentionally hurtful and they do it once.

**That's MEAN**



When someone says or does something intentionally hurtful and they keep doing it even when you tell them to stop or show them that you're upset.

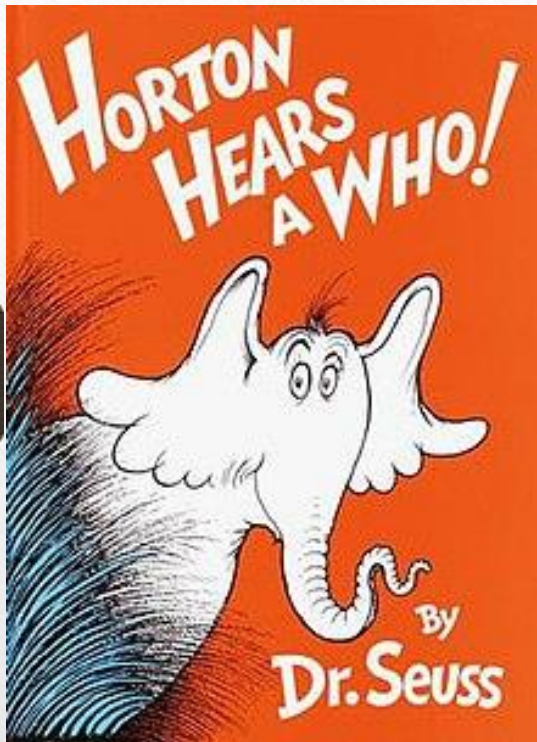
**That's BULLYING**

[www.elsa-support.co.uk](http://www.elsa-support.co.uk)

Some children made posters showing what they had learned about what bullying is

Other children learned a song called Make a Noise by Andy and the Odd Socks, they recorded it onto a QR code.





Some children in KS2 read Horton Hears a Who and Thought about how the characters made a noise against bullying and how they overcame struggles.

**And it doesn't stop with young  
people.**

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**From teachers to parents and  
influencers to politicians, we all  
have a responsibility to help each  
other reach out. Together, let's  
be the change we want to see.**

At St Mary's, we take pride in who we are  
and what we do by being:

Kind

Accepting

Fair

Honest

Respectful

And active members of our community

***Let's be a bully free school***